

MUHAMMAD SHAKEEL

Assistant Professor & HOD Psychiatry

KIMS KMU Kohat

PROFILE

Equipped with clinical experience of almost 10 years, which includes 5 years in Psychiatry, I am keen on working in a challenging environment for career growth, with sincerity, hard work and skills, where evaluation is based on performance and an equal chance of career development.

EDUCATION

- MHR — KMU — 2023–2024
- CHPE — KMU — 2022
- CHR — KMU — 2021
- Certificate in CBT — KMU — 2016
- FCPS (Psychiatry) — CPSP — 2014–2019
- MBBS — KMC, KMU — 2006–2012

CONTACT

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LANGUAGES

1. English
2. Urdu
3. Pashto

COMPUTER & SOFTWARE SKILLS

1. MS Office
2. SPSS
3. Movie Maker
4. CapCut
5. Skype
6. Google Meet
7. AI

WORK EXPERIENCE

1. Assistant Professor & HOD (Psychiatry) – 2025- Present
2. Assistant Professor, RMC RMI, Peshawar — 2023–2025
3. Assistant Professor, PIMC Peshawar — 2022–2023
4. Reviewer, JRMI, Peshawar — 2022–to date
5. Reviewer, JMS, Peshawar — 2021–to date
6. Visiting Psychiatrist, Save Life Foundation, Peshawar — 2022–Present

7. District Specialist, DHQ Hospital Haripur — 2021–2022
8. Consultant Psychiatrist, GSHPD, Peshawar — 2018–2021
9. Postgraduate Residency Training, PGMI, Peshawar — 2014–2018
10. Visiting Faculty, Psychology Dept., UOP Pakistan — 2016–2023
11. UCMO, PPHI, Nowshera, KPK Pakistan — 2013–2014
12. Focal teacher for students of PGPI-LRH for 6 months (2013)
13. House Job, Lady Reading Hospital, Peshawar, Pakistan — 2012–2013

PUBLICATIONS

1. Shakeel M, Ali A. Frequency and pattern of substance misuse in patients with schizophrenia. *Journal of Postgraduate Medical Institute*. 2021 Dec 31;35(4):247-50.
2. Shakeel M, Ali A, Khan T. Impact of familial and environmental risk factors on age of onset of schizophrenia. *Journal of Medical Sciences*. 2021 Oct 1;29(4).
3. Shakeel M. Impact of substance misuse and demographic factors on medication adherence in patients with schizophrenia. *Rawal Medical Journal*. 2022 Apr 8;47(1):73-76.
4. Shakeel M. Challenging behavior and epilepsy in patients with intellectual disability: frequency and mutual association. *JPMIA. The Journal of the Pakistan Medical Association*. 2024 Apr 1;74(4):778-80.
5. Shakeel M, Bibi A, Riaz Q, Sarwar G, Sarwar N. Rates and determinants of medication adherence in patients with bipolar affective disorder: a cross-sectional study. *Journal of Medical Sciences*. 2024 Sep 5;32(3):217-20.
6. Shakeel M, Shakeel A. The rates of different crimes and the use of illicit substances before and during imprisonment among prisoners. *Journal of Rehman Medical Institute*. 2023;9(4):19-21.
7. Muhammad G, Shakeel M, Khalid M, Ain Q, Khan S, Shah H. The role of interleukin-1 and interleukin-15 in aggravating the effects of anorexia nervosa in low BMI young adults. *KJMS*. 2024;17(3):181–6.
8. Muhammad Shakeel, Qasim Riaz, Syed Abas Ali Shah H, Adeela. Frequency of sensory impairment in patients with intellectual disability: a cross-sectional study. *JRMI* 2025; 11(03)
9. Muhammad Shakeel et al. From Shelter to Society: The influence of abstinence duration in the protected environments on the 3 months relapse rates within the community among substance users. *RMJ* 2026: 51(04)

UNDER PUBLICATION PROCESS

1. THE FREQUENCIES AND MUTUAL ASSOCIATION OF CEREBRAL PALSY AND EPILEPSY IN PATIENTS WITH INTELLECTUAL DISABILITY

WORKSHOPS

1. Educational Planning & Evaluation
2. Research Methodology, Biostatistics & Medical Writing
3. Supervisory Skills
4. Assessment of Competence
5. BLS
6. ACLS
7. Communication Skills

8. How to Write Synopsis
9. Interface Between Psychiatry and Other Specialties
10. Project Cycle Management
11. Primary Health Care Standards and Accountability

REFERENCES

1. Prof. Dr. Bashir Ahmad — MBBS, DMP, FCPS, CCST-England — Clinical Lead, Psychiatry Department, Khyber Teaching Hospital, Peshawar.
2. Prof. Dr. Mukhtiar Zuman — Principal, RMC, RMI Peshawar.